

# **Forest Park Primary School**

## **Sports Funding Impact Report**



**2024/25**

## What is the PE and Sports Premium Funding?

The Government has allocated funding for additional primary school sport in schools. This funding must be used to improve the quality of Physical Education (P.E) and Sport for all of our pupils. The sport funding must be spent on PE and sport provision in school. Schools have to spend the sport funding on improving provision of PE and Sport but they will have the freedom to choose how they do this. The vision for the Primary PE and Sport Premium: ALL pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport. The funding has been provided to ensure impact against the following OBJECTIVE: To achieve self-sustaining improvement in the quality of PE and sport in primary schools. It is important to emphasise that the focus of spending must lead to long lasting impact against the vision that will live on well beyond the Primary PE and Sport Premium funding.

### **Purpose of funding**

Schools have to spend the sport funding on improving provision of PE and sport but they will have the freedom to choose how they do this.

The vision for the Primary PE and Sport Premium: **ALL** pupils leaving primary school **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport

The funding has been provided to ensure impact against the following **OBJECTIVE**: To achieve self-sustaining improvement in the quality of PE and sport in primary schools. It is important to emphasise that the focus of spending must lead to long lasting impact against the vision that will live on well beyond the Primary PE and Sport Premium funding.

**It is expected that schools will see an improvement against the following 5 key indicators:**

**Key Indicator 1: the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school**

**Key Indicator 2: the profile of PE and sport is raised across the school as a tool for whole-school improvement**

**Key Indicator 3: increased confidence, knowledge and skills of all staff in teaching PE and sport**

**Key Indicator 4: broader experience of a range of sports and activities offered to all pupils**

**Key Indicator 5: increased participation in competitive sport**

The school has been receiving the funding since 2013.

Key achievements to date:	Future Ideas & development areas to achieve our long term vision.
<ul style="list-style-type: none"> <li>• <b>AIR resource picture documents</b> were purchased and embedded to support consistent delivery of key PE skills across all areas</li> <li>• <b>All staff received CPD</b> in gymnastics (most recently in 2025), athletics, games, badminton, outdoor education (2025) and dance from external providers to enhance confidence and subject knowledge</li> <li>• <b>External training</b> enabled staff to lead structured lunchtime activities with regular updates for new staff</li> <li>• <b>Super Movers and Go Noodle</b> are used across the school where needed to increase daily physical activity and active learning</li> <li>• <b>Expanded lunchtime and extracurricular clubs</b> boosted participation, fitness and enjoyment particularly among less active pupils</li> <li>• <b>The Gold School Games Mark</b> was achieved for the first time in 2025 demonstrating that the school meets all five key indicators for primary PE and sport</li> <li>• <b>Annual investment in new equipment</b> supports high-quality PE delivery and introduces new sports and units</li> <li>• <b>Swimming provision was redesigned</b> with a new tracking system aligned to the Swimming Charter to better monitor progress</li> <li>• <b>A pop-up pool (2022–2024)</b> significantly improved pupils' attainment in meeting end-of-year swimming expectations</li> <li>• <b>New gym, trim trail and climbing equipment</b> increased physical activity during breaks and raised the profile of PE</li> <li>• <b>EYFS outdoor provision and equipment</b> were enhanced to support Physical Development including Forest Schools and biweekly PE lessons</li> <li>• <b>Forest Schools</b> is now embedded biweekly into the school timetable</li> <li>• <b>A long-term PE plan</b> is implemented and reviewed annually based on cohort needs covering Nursery to Year 6</li> <li>• <b>Skills progression overviews</b> for KS1 and KS2 ensure structured development across all sports</li> <li>• <b>Medium-term plans</b> for Years 1–6 were developed aligned with progression overviews and clear end points</li> <li>• <b>Books on diverse sporting athletes</b> were purchased to support cultural capital and are regularly updated</li> <li>• <b>Revamped playground markings</b> promote active play and increase engagement during break times and lessons</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Focus on ongoing CPD for staff particularly dance</b> to further develop teaching expertise and ensure high-quality PE delivery by creating a musical dance list where each year group is assigned a musical and performs for parents</li> <li>• <b>Continue to prioritise emotional wellbeing awareness</b> for both staff and pupils fostering a supportive environment conducive to learning and physical activity</li> <li>• <b>Increase engagement with parents</b> through newsletters and involvement days to emphasise the importance of an active healthy lifestyle and encourage their support in promoting physical activity at home and the importance of swimming</li> <li>• <b>Support teaching assistants in leading a variety of activities</b> during lunchtimes to enrich students' physical activity experiences and promote wellbeing</li> <li>• <b>Embed intra-school competitions</b> at the end of each term to boost children's participation in competitive sports and provide motivation for skill development</li> <li>• <b>Enhance outdoor learning spaces</b> by developing natural play and movement zones that children can access freely during lunchtimes and breaktimes, creating a continuous provision model that promotes exploration, physical activity and links with outdoor education</li> <li>• <b>Introduce a leadership programme</b> for Year 6 pupils to become Sports Leaders who help organise and lead activities for younger children</li> <li>• <b>Create themed physical activity weeks</b> such as Healthy Heart Week or Outdoor Adventure Week to raise awareness and enthusiasm for different aspects of physical health</li> <li>• <b>Partner with local sports clubs</b> to offer taster sessions and create pathways for pupils to continue sports outside of school</li> </ul>

## Long-Term Vision for Physical Education

At Forest Park Primary School, we recognize that physical activity not only enhances health, reduces stress, and improves concentration but also promotes proper physical growth and development. Exercise positively influences academic achievement, emotional stability and social interaction. We emphasise the importance of physical activity to both teachers and children alike. Our goal is to provide a comprehensive and balanced physical education program that every child deserves, featuring enjoyable, purposeful, and regular activities. By creating positive experiences, we aim to foster a lifelong interest in physical activity. We value a diverse curriculum experience and aim to increase participation

in physical activity beyond the allocated one hour. To achieve this goal, we offer diverse opportunities for engagement in physical activity during lunchtimes and after school, tailored to the interests of our students.

### Our vision:

#### PE Curriculum

High-quality PE lessons delivered by teachers and/or specialist coaches, with subject leaders monitoring lesson quality. A wide range of sports and activities offered including games, gymnastics, dance, athletics, net and wall games, striking and fielding, swimming, and Forest Schools. Staff teaching PE consistently demonstrate good to outstanding skills across all schools and year groups, with strong confidence, knowledge, and expertise in both subject-specific PE knowledge and general teaching practices. Updated curriculum overview maps are in place across all schools, aligned with the PE National Curriculum 2014, offering activities tailored to students' needs, interests, and school facilities. Students are exposed to a variety of activities to help them discover their interests. Ongoing assessments throughout lessons and at the end of each unit show that students make excellent progress in PE and achieve positive outcomes. Assessment data informs adjustments to planning and curriculum overviews to meet the needs of all students.

#### Links to wider community/clubs/facilities

Transition links with high schools are strong, facilitating enriching experiences and familiarization through high school site visits. Ongoing staff CPD ensures continuous professional development, enhancing teaching quality across all subjects, including physical education. Local club leaflets are shared to encourage students' participation in community sports and activities. Students participate in a variety of inter-school competitions and festivals within the community, fostering teamwork and sportsmanship. Sporting events like sports days actively involve parents, creating a supportive and engaging atmosphere. KS2 students benefit from residential trips promoting independence and team bonding. Extra-curricular sports clubs are delivered by staff and Bee Active, enriching students' physical education experiences beyond the curriculum.

#### Health of pupils/ School community

The health and wellbeing of pupils and the school community are prioritized through several initiatives: All pupils across the schools, regardless of age, meet daily physical activity recommendations. Comprehensive policies are implemented across the schools to align with Government obesity strategy recommendations on physical activity and healthy eating. Engagement activities involve parents and the community in discussions and initiatives to promote 30 minutes of physical activity outside of school. Upgraded facilities and equipment across all schools aim to enhance opportunities for physical activity during break and lunchtimes.

#### Forest Park Primary School

#### 2025-27 VISION FOR PE AND SPORTS

#### Outcomes: All Pupils will leave school

Equipped with fundamental skills in PE and the ability to apply them in future opportunities. Provided with a wide range of experiences in physical activity, sports and performing arts. Encouraged to discover and enjoy a sport or physical activity they can continue outside of school. Physically confident, competent, and capable of meeting or surpassing the PE National Curriculum standards. Healthier and fitter, with a solid understanding of the importance of physical and emotional wellbeing. Achieving the KS2 swimming requirement in accordance with national targets. Offered opportunities to compete and participate in various activities, fostering positive memories of PE, sport, and physical activity.

#### Extra-Curricular provision

Forest School sessions provide children with opportunities for hands-on learning in natural environments, fostering curiosity and connection with nature. Participation in a variety of sports and activities, such as games, gymnastics, dance, athletics and Forest Schools, promotes physical fitness and well-being among students. Engagement in extra-curricular activities enhances social skills, teamwork and resilience through collaborative experiences and shared challenges. Students develop a sense of responsibility and environmental awareness through activities that encourage sustainability and respect for natural surroundings. The diverse range of extra-curricular offerings at Forest Park Primary School fosters a love for learning beyond the classroom, nurturing holistic development and lifelong interests among students.

#### Links to whole school improvement

PE, Sport, and physical activity serve as catalysts for driving overall school improvement. All staff, pupils, parents, and governors understand the benefits of participation and are dedicated to offering opportunities throughout the school day. Good practices in PE leadership and monitoring are shared across the school and within the Orchard Community Trust, promoting consistent standards. Teaching and learning in PE are underpinned by a robust whole school curriculum map and effective medium-term plans that ensure continuity and progression. Forest Park is recognized as a centre of excellence for PE, school sport, physical activity, and health and wellbeing initiatives. PE and physical activity contribute to teaching and learning across core subjects, outdoor education, and Forest Schools, enriching the overall educational experience.

**Amount of grant received in year 2024/25: £19,580.00.**

Area of Focus	Amount spent	Impact	Sustainability
<p><b>PE Curriculum &amp; improving the quality of teaching and learning.</b></p> <p>To ensure PE lessons are all high quality that lead to pupil enjoyment.</p> <p>Increase competitive opportunities available to pupils within lessons.</p> <p>To develop a sports team within school to ensure all aspects of PE, sport and health are covered and offer opportunities for pupils.</p> <p>Improve staff subject specific knowledge in swimming and increase number of pupils meeting recommendations.</p> <p><b>Links to:</b>  <a href="#">Key Indicator 3</a>  <a href="#">Key Indicator 2</a>  <a href="#">Key Indicator 5</a></p>	<p>PE Subject lead package (2 years): £1999.00</p> <p>£361.50 EYFS PE equipment</p> <p>£5556.11 KS1/KS2 equipment</p> <p>£4237.44 active breaks equipment</p> <p>£2430.00 Bee Active Outdoor Education CPD for staff.</p> <p>£580.00 Gymnastics refresher training for staff.</p> <p>£280.00 AFPE membership</p>	<p>Increased confidence in the leading PE across the school. This has been developed through attending termly network meetings, engaging in one-on-one meetings to devise a strategic action plan and participating in CPD support. This has further facilitated the ongoing enhancement and modernization of the PE curriculum in alignment with current developments and educational advancements.</p> <p>Staff in Years 4, 5 and 6 have completed a six-week high-quality outdoor education CPD unit delivered by Bee Active. As a result, pupils now benefit from more engaging and purposeful outdoor learning experiences that promote teamwork, resilience and problem-solving. This initiative is sustainable, as staff are now equipped to independently deliver and sequence outdoor education lessons in future years. The training has significantly boosted staff confidence and competence in delivering high-quality PE through outdoor learning.</p> <p>The PE lead remains an active member of the Association for Physical Education (afPE), ensuring their knowledge stays up to date with national guidance and best practices. This membership supports the timely dissemination of relevant updates to staff and contributes to maintaining a safe, high-quality PE environment. Additionally, affiliation fees have been paid to enable the school's participation in local sporting competitions, providing pupils with valuable opportunities to compete, represent the school, and develop key personal and social skills.</p> <p>Children have once again taken part in our much-loved annual after-school dance club, led by a specialist dance coach. This culminated in a performance at the Victoria Hall, where pupils showcased their talents on stage in front of a live audience. The event continues to be a highlight of the school year, promoting confidence, self-expression and resilience. It also plays a valuable role in supporting pupils'</p>	<p>We are proud of the sustainable improvements made across our PE and sport provision, which continue to benefit all pupils. Our staff have developed greater expertise and confidence, enabling them to consistently deliver high-quality, engaging lessons.</p> <p>A restructure of our swimming provision—targeting specific year groups more strategically—is planned to increase impact and better support all children in working towards meeting the National Curriculum expectations.</p> <p>Updated safety procedures are firmly embedded, ensuring the ongoing well-being of all pupils during physical activity. The strength of our PE curriculum and the wide range of enrichment opportunities we offer have been formally recognised through external awards, reflecting our commitment to excellence.</p> <p>These developments are not short-term fixes—they are part of a long-term vision to embed a culture where physical activity and well-being are valued by all. This legacy is already shifting attitudes and raising aspirations, leading to improved outcomes and broader opportunities for our pupils.</p> <p>Looking ahead, we will implement a structured calendar of events to maintain momentum and provide regular opportunities for participation. The progress made</p>

	<p>Dance club provision/support on the day/evening and costumes: £2206.77</p> <p>Minibus costs to attend PE events £994.85</p> <p>Affiliation fees for events: £150.00</p> <p>£519.84 Sport day stickers</p>	<p>emotional well-being, providing a joyful and inclusive experience that leaves a lasting sense of pride and achievement.</p> <p>This year, a wide range of after-school clubs have been delivered by our dedicated and talented staff, with a strong emphasis on encouraging every child to attend at least one club annually. These clubs have had a positive impact on pupils' physical fitness, social development and overall well-being. Through regular participation, children have built essential life skills such as teamwork, communication, trust and respect. The inclusive nature of the clubs has supported increased engagement and contributed to improved attainment compared to the previous year, while also promoting a healthy, active lifestyle from an early age.</p> <p>Funding has been used to cover minibus transport and event entry fees, enabling pupils to attend a variety of PE events and competitions. These opportunities have allowed children to represent the school, develop their physical skills and build confidence in new environments. Participation has also supported social development, teamwork and a strong sense of achievement, helping pupils feel proud of their contributions and successes.</p> <p>Achieving the Gold School Games Mark in 2025 is a remarkable milestone for our school, reflecting our unwavering commitment to high-quality PE provision and inclusive sporting opportunities. This prestigious award recognises the collective efforts of staff and pupils in promoting physical activity, fostering gender equality and creating a strong sense of belonging for all students. It marks the first time our school has reached Gold status—a truly outstanding achievement that celebrates our dedication to elevating the profile of PE and ensuring every child has the opportunity to thrive through sport.</p> <p>The purchase of sports day stickers added a meaningful touch to our whole-school event, which saw enthusiastic participation from Nursery to Year 6. With parents, teachers and peers cheering them on, pupils experienced a strong</p>	<p>through our work towards the School Games Mark will be sustained and further developed in the coming years.</p> <p>The raised profile of health and well-being across our school community is encouraging greater involvement from pupils and families alike. This growing culture of participation is helping to ensure that every child has the chance to thrive—both in school and beyond.</p>
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		<p>sense of pride and accomplishment. The stickers served as a tangible reward, helping to celebrate effort, encourage participation and foster a positive, inclusive atmosphere throughout the day.</p>	
<p><b>Health and well-being</b></p> <p>Embed physical activity opportunities wider into the school day.</p> <p>Meet new government obesity strategy requirements</p> <p>Increase confidence and self esteem of pupils within the school by celebrating successes.</p> <p>Development of lunchtimes activities to ensure pupils are more physically active</p> <p>Improve pupils mental health and well-being</p> <p><b>Links to:</b>  <a href="#">Key Indicator 1</a>  <a href="#">Key Indicator 3</a>  <a href="#">Key Indicator 2</a>  <a href="#">Key Indicator 4:</a>  <a href="#">Key Indicator</a></p>	<p>Health and wellbeing package – Included in the package above.</p> <p>£264.49 Sporting books for the library</p>	<p>The emotional and physical well-being of both pupils and staff has shown marked improvement, contributing to a more positive and productive school environment. This enhanced sense of well-being is reflected in a significant reduction in accidents and behavioural incidents during lunchtimes. A key factor in this progress has been the proactive role of staff, who are now more confident and consistent in promoting positive play. They actively facilitate structured games and physical activities, ensuring that lunchtimes are safe, inclusive and engaging for all pupils.</p> <p>There is a growing recognition among both pupils and parents of the importance of physical education and health. This shared understanding has led to increased commitment to meeting recommended activity levels, both during and beyond the school day.</p> <p>Additional physical activity is now embedded throughout the school day, including active classroom breaks, movement-based learning and a wider range of extracurricular clubs. Lunchtime provision has also been enhanced, with a greater variety of activities available to encourage participation and enjoyment. These changes are expected to have a positive impact not only on pupils’ physical health but also on their concentration, behaviour and readiness to learn in the afternoons.</p>	<p>Ensuring the long-term health and well-being of both pupils and staff remains a central priority, underpinning the effective operation of our school. Our lunchtime provision has been thoughtfully designed to promote physical fitness while also nurturing essential life skills such as teamwork, resilience and independence. Pupils are empowered to take ownership of their activity choices, with access to a range of facilities including the Active Mile track, Trim Trail and outdoor gym equipment. This flexible approach is actively supported by staff, who encourage inclusive participation and positive play.</p> <p>We are encouraged by the growing awareness among pupils and parents regarding the importance of physical health and well-being. This shared understanding, aligned with national guidance, has led to noticeable improvements in attitudes and behaviours—changes we are committed to sustaining and building upon in the years ahead.</p> <p>Our dedication to embedding physical activity into the school day is reflected in newly introduced procedures and an expanded range of opportunities. These include structured movement breaks, active learning strategies and a broader extracurricular offer. Together, these initiatives form a sustainable model that supports long-term</p>

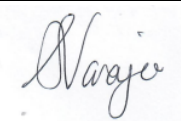

			improvements in fitness, focus and overall pupil development.
<b>Total expenditure: £19, 580.00</b>			

**Swimming at Forest Park Primary School** : Meeting National Curriculum requirements for swimming and water safety. Priority should always be given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the National Curriculum programme of study.

<u>Question</u>	<u>Stats:</u>	<u>Further context. Relative to local changes</u>
What percentage of your current Year 6 cohort can swim competently, confidently and proficiently over a distance of at least 25 metres?	0%	
What percentage of your current Year 6 cohort can use a range of strokes effectively (for example, front crawl, backstroke and breaststroke)?	2%	
What percentage of your current Year 6 cohort are able to perform safe self-rescue in different water-based situations?	0%	
If your school's swimming data is below national expectation, you can choose to use primary PE and sports premium to provide additional top-up sessions for those pupils that did not meet the National Curriculum requirements after the completion of core lessons. Have you done this?	Yes/No	Swimming is currently offered to pupils in Years 4, 5 and 6. This year, Year 5 have completed their swimming block and will be the first to follow our new model in the next academic year. These pupils will resume swimming in Year 6, ensuring they receive a term and a half of swimming this year and another term and a half next year—with only a six-week break in between. From the following academic year, the new Year 5 cohort will swim throughout the entire year. This new approach should make a huge difference in outcomes. Swimming will remain a key priority in our action plan moving forwards.
Have you provided CPD to improve the knowledge and confidence of staff to be able to teach swimming and water safety?	Yes/No	

Awards	Awards 1 and 2	Awards 3 and 4	Awards 5 and 6	Water safety (Separate award)
Pupils in year group:	60/60	41/60	1	
Percentage:	100%	68%	2%	0%

**Signed off by:**

<b>Headteacher:</b>	S Vorajee. 
<b>Subject leader or the individual responsible for the Primary PE and sports premium:</b>	L Mulliner
<b>Governor:</b>	Nicky Bloor 
<b>Date:</b>	